

FAMILY ROUTES

Research project about the experiences and needs of adoptive
and special guardianship families

Detailed summary of the questionnaire

The Family Routes questionnaire contains questions about being an adoptive parent or special guardian for a young person aged 12-25 years who was previously in care. It also asks about the life and experiences of young people and adults who are between 12 and 25 years old who are adopted or who lived or are living with a special guardian. The questions that come up for you will depend on your circumstances.

The subjects covered by the questionnaire are summarised below.

For young people:

- 'About me and my home' and whether young people feel settled and safe where they live.
- 'What you do' and how you spend your time.
- 'My school /college' and your views on education.
- 'My health' and general wellbeing.
- 'My feelings and wellbeing' and how you feel about yourself and manage emotions.
- 'Relationships and your early childhood experiences'.
- 'Families and relationships' and how the people you live with get on together and talk about important things.
- 'Support' and if you wanted, or received, support from professionals such as social workers, teachers, or therapists.
- 'Prejudice' and whether you have experienced prejudice.
- 'The future' and your goals.

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For adoptive parents and special guardians:

- 'Your family' and where the young person is living now.
- 'The young person's education' and their schooling.
- 'Before the young person came to live with you' and the childhood experiences of the young person.
- 'The young person's care experience'.
- The young person's health and wellbeing'.
- 'Talking about families' and whether there is any kind of contact with the young person's birth family.
- 'Your health and wellbeing'.
- 'Support for you and your family'.
- 'Your home and you' and how you are coping, including financially.
- 'The future' and how you see the young person's future.